

Sun

Mon

Tue

Wed

Thu

Fri

Sat



1 Fred Meyer
 9:00 Balance Class—TH
 9:15 Harry & David Tour
 10:00 Fred Meyer Sr. Day
 10:30 Seated Volleyball - TH
 10:45 Aqua Fit - Pool
 1:00 Qigong - TH
 2:00 U2 Can Write - AK
 3:00 Oktoberfest - DR

2
 9:00 Sit & Fit - TH
 10:30 Creative Coloring - CR
 11:30 Lunch @ Rogue Creamery
 1:00 Yoga - TH



3
 9:00 Balance Class - TH
 9:00 B/P Check w/Bill - DRL
 10:45 Aqua Fit - Pool
 1:00 Qigong - TH
 3:00 Happy Hour - TH
 Rob Hight, Berma Shave



4
 9:00 Sit & Fit - TH
 9:30 Meditation - TRR
 10:00 Costume Shopping & Lunch
 10:30 Farkle w/Deb & Summer - TH
 1:00 Yoga - TH
 1:00 Broadway HD - THR
 Phantom of the Opera
 Line Dancing w/Bryan - TH
 2:30 Art Presence Art Center

5
 10:00 - 12:00 Saturday Shopping
 Bi-Mart/Dollar Tree
 12:00 Popcorn - FD
 12:30 Battle of the Food Trucks
 2:00 Card Bingo - TH
 5:00 Rod Patrone - DR

6 Church Rides

2:00 Bingo - TH



7
 9:00 Sit & Fit - TH
 10:45 Aqua Circuit - Pool
 1:00 Yoga - TH
 2:00 Watercolor w/Cheryl - HR

8
 9:00 Balance Class—TH
 10:00 Lunch @ Talon Grill
 10:30 Seated Volleyball - TH
 10:45 Aqua Fit - Pool
 11:30 Medicare Advantage Fair
 1:00 Forever Fit - TH
 Sign up w/Brenda
 3:00 Happy Hour - TH

9
 9:00 Sit & Fit - TH
 10:30 Creative Coloring - CR
 1:00 Yoga - TH
 1:30 Book Club - TRR



10
 9:00 Shot Clinic - THR
 9:00 Balance Class - TH
 10:45 Aqua Fit - Pool
 1:00 Qigong - TH
 1:30 Belle Fiore Happy Hour
 3:00 Happy Hour - TH
 Louis Faro

11
 9:00 Sit & Fit - TH
 9:30 Meditation - TRR
 10:30 Farkle w/Deb & Summer - TH
 TBD White Bird @ Tinseltown
 1:00 Yoga - TH
 1:45 Line Dancing w/Bryan - TH
 2:30 Seated Volleyball - TH

12
 9:00 Coffee & Donuts - TH
 10:45 RV Mall Shopping
 12:00 Popcorn - FD
 2:00 October Birthday Party - TH
 TBD Ducks vs Ohio State - CR



13 Church Rides

2:00 Bingo - TH

14
 9:00 Sit & Fit - TH
 10:45 Aqua Circuit - Pool
 1:00 Yoga - TH
 2:00 Art w/Tyler- HR

15
 9:00 Balance Class - TH
 10:30 Seated Volleyball - TH
 10:45 Aqua Fit - Pool
 11:30 Lunch @ Debby's Diner & Pheasant Farms
 2:00 U2 Can Write - AK
 3:00 Happy Hour - TH
 Valley Duo

16
 9:00 Sit & Fit - TH
 10:30 Creative Coloring - CR
 1:00 Yoga - TH
 5:15 Cabaret, \$46.00
 Sherlock, Dinner \$25+



17
 9:00 Balance Class - TH
 9:00 B/P Check w/Bill - DRL
 10:00 Growers Market
 10:45 Aqua Fit - Pool
 1:00 Qigong - TH
 3:00 Happy Hour - TH
 Crystal Reeves

18
 8:30 Rain Rock Casino
 9:00 Sit & Fit - TH
 9:30 Meditation - TRR
 10:30 Farkle w/Deb & Summer - TH
 1:00 Yoga - TH
 1:00 Broadway HD - THR
 Nunsensations
 1:45 Line Dancing w/Bryan - TH
 5:00 Ducks vs Purdue - CR



19 No TH @ 1:00PM
 10:00 Walmart Shopping
 12:00 Popcorn - FD
 2:00 Card Bingo - CR
 5:00 Rod Patrone - DR




20 Church Rides

2:00 Bingo - TH

2:15 RV Symphony, \$65.00
RSVP 9/27

21
 9:00 Sit & Fit - TH
 10:45 Aqua Circuit - Pool
 1:00 Yoga - TH
 2:00 Watercolor w/Cheryl - HR



22
 9:00 Balance Class - TH
 10:00 Bi-Mart Shopping
 10:30 Seated Volleyball - TH
 10:45 Aqua Fit - Pool
 1:00 Forever Fit - TH
 Sign up w/Brenda
 1:00 Clay Pot Painting
 3:00 Happy Hour - TH
 Tommy Graven
 Native American Flutist

23 Breast Cancer Fundraiser
 More Information coming soon!!!
 9:00 Sit & Fit - TH
 10:30 Creative Coloring - CR
 1:00 Yoga - TH

24
 9:00 Balance Class - TH
 10:45 Aqua Fit - Pool
 1:00 Qigong - TH
 1:00 Senior Fraud Prevention
 3:00 Happy Hour - TH
 Sylvia Dahling

25
 9:00 Sit & Fit - TH
 9:30 Meditation - TRR
 10:30 Farkle w/ Summer - TH
 12:45 Del Rio Winery
 1:00 Yoga - TH
 1:45 Line Dancing w/Bryan - TH
 2:30 Noodle Hockey - TH
 6:00 Movies in the Cemetery
 Psycho, \$10.00, RSVP 10/4

26 Fred Meyer
 10:00 - 12:00 Saturday Shopping
 Fred Meyer
 12:00 Popcorn - FD
 1:30 Ducks vs Illinois - CR
 2:00 Card Bingo - TH

27 Church Rides

2:00 Bingo - TH

2:00 Howlin' Halloween, 30.00
TMTO @ The Craterian Theater
RSVP 9/27



28
 9:00 Sit & Fit - TH
 10:45 Aqua Circuit - Pool
 1:00 Yoga - TH
 2:00 Art/Watercolor - HR

29
 9:00 Balance Class - TH
 10:30 Seated Volleyball - TH
 10:45 Aqua Fit - Pool
 1:00 Qigong - TH
 3:00 Happy Hour - TH
 John Jackson, Bugs R Us

30
 9:00 Sit & Fit - TH
 10:30 Creative Coloring - CR
 1:00 Yoga - TH
 4:00 Dinner at Rosario's



31 HAPPY HALLOWEEN
 9:00 Balance Class - TH
 10:45 Aqua Fit - Pool
 11:00 Yappy Hour, \$5.00
 1:00 Qigong - TH
 3:00 Happy Hour - TH
 Costume Party & Games




Calendar Legend

AK - Activities Kitchen	TH - Town Hall
DR - Dining Room	LR - Living Room
THR- Theater	TRR - Table Rock Rm
2FL - 2nd Floor Lounge	LIB - Library
3FL - 3rd Floor Lounge	CR - Card Room
DRL - DR Lounge	HR - Hobby Room
BR - Billiards Room	
GS - Gift Shop	

RED - Sign up in book by Activities Office
\$ - Sign up and pay at the Front Desk

Green - TriCommunity
BLUE - is NEW this month!



Oct. 1st. *Teresa Baehr*
 Oct. 4th. *Audrey Gustafson*
 Oct. 4th. *Harry Hutton*
 Oct. 8th. *Karen Schoessow*
 Oct. 9th. *Gwen Evans*
 Oct. 10th. *Sylvia Bates*
 Oct. 12th. *Jack Spiegel*
 Oct. 17th. *Diana Oliver*
 Oct. 22nd. *Sherrill Hieber*
 Oct. 23rd. *Bill Mansfield*
 Oct. 24th. *Kathleen Lindsay (100th)*



Tom & Gayle McKern
October 4th

Roy & Sherrie Van Sickle
October 5th

Lee & Mary Gossett
October 31st


TWIN CREEKS

Currents

October

2024

Breast Cancer Awareness Fundraiser

Wednesday

October 23rd.

Activities start @ 10:00AM
More information to follow



Staff Birthdays

Oct. 3rd. *Oliver VanVoohees*
 Oct. 6th. *Rogelio Gonzalez-Ruiz*
 Oct. 14th. *Bryan Scobey*
 Oct. 20th. *Maria Perez*
 Oct. 27th. *Jerry Hallstead*
 Oct. 27th. *Jodene (Jo) Hughes*

Management Team

Summer Boivin
General Manager

Mario Chavez
Executive Chef

Talitha Pendergrass
Marketing Director

Amanda Johnson
Dining Room Supervisor

Bryan Scobey
Chief Engineer

Brenda Prevedel
Fitness Director

Tyler Hoag
Housekeeping Supervisor

Angela Allbright
Business Office Manager

Debby Norum
Activities Director

Tri-Community Events

Check out the Tri-Com events in **green.**
It's a great opportunity to meet new people while doing fun events!




TWIN CREEKS
 An Active Adult Community
 (541) 664-8880
 www.twincreeksretirement.com