

CREATE YOUR OWN - PASTA SELECTIONS

Choose from Angel Hair, Fettuccine or Spaghetti

Choice of Sauce - Marinara, Alfredo, Basil Pesto or Rosé

Choice of Meat - Grilled Chicken Breast, Shrimp Scampi, Italian Sausage, or Italian Meatballs

Choice of Vegetables - Spinach, Tomatoes, Mushrooms, Peppers and Onions

JEINTURIEIES

Served with Vegetables of the Day and a choice of a Baked Potato, Sweet Potato, Mashed Potato, White or Brown Rice, French Fries, Sweet Potato Fries, or Onion Rings

Tuscan Butter Salmon - Wild Sockeye salmon filet, seared and finished with a butter filled with sundried tomato, basil, roasted garlic and parmesan.

Poached Alaskan Salmon - Wild Sockeye salmon slow poached & served with tartar sauce & lemon.

Cajun Blackened Cod – Cajun seasoning blackened cod, seared and finished with Cajun butter.

Popcorn Shrimp Basket - Crispy tempura breaded shrimp served with coleslaw and a side of cocktail sauce.

Tequila Lime Shrimp – Prawns sauteed with green onions and mushrooms, finished in a chipotle, lime, and tequila cream sauce (spicy).

Herbed Dijon Chicken – Fresh mixed herb crusted chicken breast finished with a Dijon pan cream sauce.

Salt & Pepper Chicken – Dark chicken fried in a light Thai-style butter, served with white rice and slightly spicy Gochujang sauce.

Crispy Chicken Wings – Tossed in your choice of sauce - Buffalo, sweet chili, or BBQ. Served with carrots, celery and a side of Blue Cheese.

Filet Mignon – 6 oz filet seasoned & flame grilled to order.

Ribeye Steak – 6 oz ribeye steak, seasoned & grilled to order.

BBQ Smoked Ribs – Tender smoked ribs tossed in BBQ sauce and served with coleslaw.

Cowboy Crusted Lamb Chops - Lamb chops covered in our house mix of herbs, spices and coffee, grilled and served jalapeno jelly.

Pot Roast – Old fashioned pot roast in a rich gravy, served with mashed potatoes.

Light & Lean – Lightly seasoned grilled chicken, salmon, hamburger patty, tofu, or Beyond burger cooked to order. Served with fresh sliced tomatoes and cottage cheese.

Daily Entree Specials also Available

Lunch Special served from 11:00 am - 2:00 pm Dinner Special served from 4:30 pm - 7:00 pm Breakfast available all day - ask your server for a breakfast menu

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www.twincreeksretirement.com