

TWIN CREEKS RETIREMENT

WEEKLY SPECIALS

Week of October 8th to 14th, 2018

Daily Lunch Specials Served From 11:00 am - 2:00 pm

Daily Dinner Specials Served From 5:00 pm - 7:30 pm

Soup of the Week - Vegetable Black-eyed Pea

MONDAY - October 8th

LUNCH - Grilled Ham, Swiss & Cranberry Sandwich on Buttermilk Bread served with
Tater Tots

DINNER - Beef Ravioli in Italian Sauce served with a Vegetable Blend & a Bread Stick

TUESDAY- October 9th

LUNCH - Beef Tamale Pie served with a Mexican Romaine Salad

DINNER - Grilled Steelhead Fillet with Pineapple-Mango sauce served with
Rice Pilaf & a Fresh Vegetable Medley

WEDNESDAY - October 10th

LUNCH - "Polish Sausage Cheesy Dog" with Sweet Relish & Kettle Chips

DINNER - Herb Roasted Cornish Game Hen Half served with Bread Stuffing &
Carrot-Cranberry Green Bean Blend

THURSDAY - October 11th

LUNCH - Chicken Parmesan served with Pasta & a Sautéed Squash Blend

DINNER - Braised Beef Brisket & Wild Mushroom Demi Sauce served with
Roasted Yukon Potatoes & Broccoli with Roasted Red Peppers

FRIDAY - October 12th

LUNCH - Tuna Salad on a Bed of Greens & Garniture served with a Hawaiian Roll

DINNER - Beer Batter Halibut Fish & Chips served with Cole Slaw

SATURDAY - October 13th

LUNCH - Sloppy Joe Sandwich on a Whole Wheat Bun served with French Fries

DINNER - Chicken Fritter Steak & Creamy Mustard Sauce served with Mashed Yams,
Parmesan Roasted Zucchini & Cornbread

SUNDAY - October 14th

"Senior Center" *Brunch*

Served from 10:30am to 1:30pm

DINNER - Curry Glazed Chicken & Accompaniments served on Ginger-Lentil Rice
with Brussels Sprouts